



Lesson #17: Hope in our Heartaches (1 Peter 5:5-10)

Together we have spent many weeks going verse by verse through 1 Peter. This letter is admirable in a number of ways.

1. **Peter is very _____** – He gives very specific instructions on how to interact with other people.
2. **Peter is very _____** – Whenever he tells us to do something he invariably gives us a reason for doing it.

Chapter 5 gives us Peter's final set of instructions. In this passage Peter remains true to form. He gives us three final instructions which are specific and practical. These final instructions fit perfectly with the theme of the whole book - _____. There are times when we find ourselves down in the pits. It seems like we are in the doldrums. Our text this morning is meant to give us hope in our heartaches.

IF YOU WOULD HAVE HOPE YOU MUST LEARN TO BE _____ (5:5-6)

Peter loves to use imperatives. In fact, in this short epistle he uses the imperative voice some _____ x. Here in these verses Peter uses 3 important imperatives that all teach us that we must learn to be _____.

A. Those who have _____ are to be subject to them

The first imperative/command is found at the beginning of verse 5. "*You younger, submit yourselves unto the elder.*" This is a consistent theme that the Spirit of God began to develop back in chapter 2 of 1 Peter.

- 2:13-15 – "*_____ to every ordinance of man.*"
- 2:18 – "*Servant, be _____ to your masters.*"
- 3:1 – "*Likewise, ye wives, be in _____.*"

B. Those who are _____ are to be subject to all

"*Be clothed with humillity*" (5:50). All are to be clothed in this way as they subject themselves "*to one another*" (5:1). That reciprocal pronoun means _____ is to practice humility.

C. Those who obey a _____ God will live subjected to Him

This is the only time in the NT that we see the little phrase "*the mighty hand of God.*" It is familiar in the OT (Exodus 3, Deut. 3, and Job 30) and it always speaks of God's _____. It is as if God is pressing upon us His soveriegn will.

IF YOU WOULD HAVE HOPE YOU MUST LEARN TO BE _____ (5:7)

Peter challenges us to really get sincere about our walk with God. To do so you need to be willing to send your _____ to God.

A. _____ cast your burdens on God

The verb Peter uses here ("*casting*") is very important. It is the Greek word *epiporto* which originally means, "to _____ something from one place to another, to _____." We are being told to once and for all throw all our burdens on Jesus!

B. _____ cast your burdens on God

"*Cares*" is the Greek work *melomai* which means, "an object of _____ or _____." What Peter is saying is that you are an object of concern to God. You aren't by yourself. And notice how much of our burden we are supposed to give to the Lord. Peter says we are to cast "*_____ of your care!*"

IF YOU WOULD HAVE HOPE YOU MUST LEARN TO BE _____ (5:8-9)

We are told that we need to be "*sober and vigilant.*" This means we are to get seroius about some things. We are especially called to get serious things where the _____ is concerned.

A. Be serious about the devil's _____

It's interesting that most people believe that there is a God, a much smaller percentage believer there is a devil. But _____ believes in him, the _____ believes in him, _____ believes in him! Satan is the same old devil that he always was and he hates you and wants you to fall.

B. Be serious about the devil's _____

Why does the Bible compare the devil to a lion? Well, there are some similarities between the devil and lions.

1. **Lions are _____:** They are 14 to 21 times stronger than man. So too Satan is far stronger than we are. We cannot fight him on our own.
2. **Lions are _____:** A mature lion can consume 30% of his own weight at one setting. They are famous for being the kinds of the jungle. All those who encounter them treat them with fear and respect. So to, God's children would do well to learn and respect the devil. The good news is that the devil can be _____ by the child of God! The secret to overcoming him is to "*_____ him!*" (James 4:7).

Concluding Thoughts

It may be, that there are some who are losing hope right now. I trust that by reviewing this passage today God is seeking to reveal in your life where you have been leaning on your own resources to try to run your own life. Ask yourself, "Am I fully _____ to God?" "Am I fully casting all my _____ on God?" "Am I seeking to be _____ about my walk?"