



Lesson #1: Life Lessons about Happiness (5:1-12)

As we open to Matthew 5-7 we are opening to what many have called the “_____ ever _____.” Matthew 5-7 is otherwise known as the “Sermon on the Mount.” There are important considerations as we get into this series.

- 1) Notice the _____ of the sermon – it’s short.
- 2) Notice the _____ where the sermon was preached – on a mountain.
- 3) Notice the _____ when this sermon was preached – He was seated.
- 4) Notice the _____ to whom this sermon was preached

As he sits to teach the people from the mount Jesus outlines for them _____ beatitudes which form God’s expectations for the character of his people. The beatitudes are God’s roadmap to true happiness. At the beginning of each statement is that key word, “*blessed*” which means “_____, *fortunate*, or *blissful*.” The word “beatitude” is Latin for “an abundant _____.”

In His lesson on the beatitudes, Jesus call us to an abundant happiness that makes us complete and whole.

THE TRULY HAPPY ARE _____ ABOUT THEIR SIN (3-5)

A. See Your _____ (“*Poor in Spirit*”)

This speaks of spiritual poverty. It is a deep humility of recognizing one’s own utter spiritual bankruptcy apart from God.

B. _____ Over Your Sin (“*Mourn*”)

This speaks of mourning over sin, the godly sorry that produces repentance leading to salvation.

C. Submit Your Sin to the _____ (“*Meek*”)

“The meek are those who quietly _____ themselves before God, to His Word, to His rod, who follow his _____ and comply with His designs and are gentle toward men.” (Matthew Henry)

THE TRULY HAPPY ARE _____ IN THEIR SPIRITUAL GROWTH (5:6-8)

A. An _____ that feeds off righteousness (v. 6)

The truly happy seek God’s righteousness rather than attempting to establish a righteousness of their own. There is a burning hunger within this individual for the things of God.

B. An _____ that forgives those round about (v. 7)

Mercy is an indispensable trait in that holy character of God which is inseparably connected with the enjoyment of true happiness. Having received mercy from the Lord, the saved sinner must now exercise mercy unto _____

C. An _____ focused on _____ (v. 8)

The purity of heart does not mean sinlessness of life. The inspired record of all of God’s saints makes this abundantly clear.

_____ got drunk / _____ beat around the bush / _____ disobeyed God / _____ cursed the day he was born / _____ fled in terror from Jezebel / _____ denied Christ

One of the most conclusive evidences that we do possess a pure heart is to be conscious of and burdened with the impurity which still indwells us.

THE TRULY HAPPY ARE _____ TO BE A SOUL WINNER (5:9-12)

Having looked inward at their own sin and upward toward growth to be more like their Savior, the truly happy now look out and see the lost around them.

A. Blessed are the _____ (v. 9)

A “*peacemaker*” has a plain understanding of God’s ministry of reconciliation. The universal love of God is manifested in blessings which God bestows to all mankind indiscriminately.

B. Blessed are the _____ (v. 10)

The Christian’s experience is often painful and perplexing, yet he would not part with it for all the gold in the world.

CONCLUDING THOUGHTS

Here is the road map to happiness. Here is the story of how to be “happy ever after.” God is a God of joy. He rejoices in His creation, and He especially rejoices in the salvation of lost sinners. To find true happiness you need only to follow the roadmap that Jesus lays out for us in the _____.